



Improving the lives of
those with kidney disease



National Kidney
Foundation®
of MARYLAND

from the president



It's no secret that the economic downturn of the past two years has had far-reaching consequences. Businesses and organizations have had to restructure, reprioritize and seek ways to rein in spending, with no clear sign of recovery on the horizon.

A June 2010 survey conducted by GuideStar to gauge the effect of the downturn on the American nonprofit sector concluded, not surprisingly, "It has been, and continues to be, a difficult financial environment for nonprofits." For the majority of the nonprofits surveyed, a significant decline in contributions has occurred at the same time that there has been an increase in demand for their services.

This certainly has been true for the National Kidney Foundation of Maryland. As we respond to increasing numbers of requests for patient emergency assistance and medical research grant funding, we continue to re-examine how we serve patients, work with the medical community and maximize fundraising opportunities in today's challenging environment.

This year, the National Kidney Foundation of Maryland introduced two exciting new fundraisers: Santé: An Epicurean Adventure and Rappel for Kidney Health. In addition to raising money, another objective of these new events was to reach out to audiences who were previously unfamiliar with our organization, and thus unaware of the prevalence of kidney disease in our community.

Through extensive media coverage and positive word-of-mouth surrounding these events, the public learned more about kidney disease and the important work that is being done by the NKF-MD on behalf of patients and their families. We hope the community continues to support our fundraising events as a way of giving to others and having fun at the same time.

Sincerely,

A handwritten signature in cursive script that reads "Wanda Lassner".

Wanda Lassner
President

from the chairman



The members of the Medical Advisory Board (MAB) of the National Kidney Foundation of Maryland are committed to supporting the NKF in its mission to prevent the spread of kidney disease, help patients with the disease lead active and fulfilling lives, and promote public education and research in kidney and urologic diseases.

The MAB provides guidance and oversight to programs that the NKF-MD has undertaken to identify those at risk for kidney disease. Programs such as the KEY screenings (Kidneys: Evaluate Yours) are important not only to help people with unidentified kidney disease receive appropriate evaluation and medical treatments, but also to identify and assist those at high risk for developing the disease. These programs also promote public awareness of kidney disease and the needs of kidney patients in Maryland.

The MAB remains committed to guiding the medical research mission of the NKF-MD. Through its competitive research grant programs, the NKF-MD provides invaluable support to a large number of medical researchers here in Maryland who are working to advance knowledge in the prevention and treatment of kidney and urologic diseases. These programs have focused on supporting young investigators as they begin their careers. These research grant programs of the NKF-MD are the largest and most successful of any NKF affiliate in the United States.

The diversity of programs and services that the NKF-MD is able to provide is the direct result of the continued generosity and commitment of the citizens of Maryland.

Sincerely,

A handwritten signature in black ink that reads "David K. Klassen MD". The signature is written in a cursive, slightly slanted style.

David K. Klassen, M.D.
Chairman, Medical Advisory Board

MORE THAN \$170,000 IN EMERGENCY ASSISTANCE DELIVERED TO PATIENTS

A significant portion of dollars donated to the National Kidney Foundation of Maryland go to the Patient Emergency Assistance program. Kidney patients often find themselves in severe financial situations. They need help with daily expenses, such as transportation, medication, rent and utilities. Many find themselves unable to work, and monetary stresses negatively impact their health. This is one of the ways NKF-MD reaches out to assist kidney patients.

In FY 2010, the Foundation disbursed \$170,710 through the emergency assistance program to help 907 dialysis and transplant patients meet their urgent basic needs.

KIDNEYS: EVALUATE YOURS

The Foundation continues its mission of early detection and early intervention through KEY (Kidneys: Evaluate Yours) health screenings. KEYs, staffed by professional and lay volunteers, are designed to identify early markers for high blood pressure, diabetes and kidney disease.

Between July 1, 2009 and June 30, 2010, NKF-MD conducted 15 KEY screenings throughout its service area. NKF-MD screened 709 people at KEYs, with 195 of those determined to have "significant results" (elevated blood pressure or creatinine or low GFR). All participants receive their results by mail, and those with significant results are encouraged to follow up with their primary-care physician.

The KEY screenings were held in Baltimore city, Baltimore County, Anne Arundel County and Cumberland. On World Kidney Day, March 11, a KEY screening was offered in the Council Chambers of Annapolis City Hall.

BEYOND DIALYSIS

For the fourth year in a row, NKF-MD hosted a Beyond Dialysis event for patients and a guest of their choosing. Through the generosity of the sponsors—Charles T. Bauer Foundation, AMGEN, WATSON Nephrology, DaVita Inc., Satellite WellBound, University of Maryland Medical Center Division of Transplantation and The Johns Hopkins Comprehensive Transplant Center—the Foundation was able to expand the program and host a Beyond Dialysis event at three locations in our service area: Baltimore, Hagerstown and Milford, DE.

At the Baltimore event, held on Sunday, Oct. 4 at Martin's West, more than 550 patients and guests enjoyed their luncheon and the afternoon's speaker. Cheryl Anderson, Ph.D., M.S., gave an informative and stimulating talk on the need for good nutrition, and its role in a healthier life for patients and families alike.

Before and after lunch, guests visited nine vendor tables for verbal and printed information. At the conclusion of the afternoon's activities, patients participated in a fun drawing for \$1,200 worth of gift cards donated by NKF-MD Board members.

The NKF-MD gives more money to local research than any other NKF affiliate.

**NATIONAL KIDNEY FOUNDATION OF MARYLAND
RESEARCH GRANTS AWARDED 2009-10**

GRANTEE/INSTITUTION	GRANT AMOUNT	TITLE OF PROJECT
Stephen Sozio, MD, MHS Johns Hopkins University	\$40,000	Arterial calcification, stiffness and subclinical cerebrovascular disease in ESRD
Tariq Shafi, MD, MHS Johns Hopkins University	\$40,000	Markers of kidney function and outcomes in incident dialysis patients
Sommer Gentry, PhD U.S. Naval Academy	\$10,000	Decreasing waits for kidney paired donation using realtime matching strategies
Dmitry Grigoryev, MD, PhD Johns Hopkins University	\$10,000	Molecular mechanisms of ischemia and reperfusion of human renal allograft
Yanfei Huang, MD, PhD Johns Hopkins University	\$10,000	Influence of kidney mesenchymal stem cells on inflammatory cell migration
Mary Margaret Huizinga, MD, MPH Johns Hopkins University	\$10,000	Development of literacy- and numeracy-sensitive education materials about kidney replacement therapies
Hyunho Kim, PhD Johns Hopkins University	\$10,000	Structural and functional characterization of a novel PKD1 alternative splice form
Manchang Liu, MD, PhD Johns Hopkins University	\$10,000	Chemokine KC on AKI-induced brain inflammation
Bernardo Ortega, PhD University of Maryland	\$10,000	Molecular mechanism of loop diuretic resistance in DCT

NATIONAL KIDNEY FOUNDATION OF MARYLAND
RESEARCH GRANTS AWARDED 2009-10 *continued*

GRANTEE/INSTITUTION	GRANT AMOUNT	TITLE OF PROJECT
Patricia Outeda, PhD Johns Hopkins University	\$10,000	The role of Polycystin-1 in placental vascular branching morphogenesis
John Papadimitriou, MD, PhD University of Maryland	\$10,000	Role of autophagy in tubular and glomerular chronic lesion progression in renal allograft biopsies
Lorraine Racusen, MD Johns Hopkins University	\$10,000	Phenotypic characterization of glomerulitis in renal allografts
I-Chun Tsai, PhD Johns Hopkins University	\$10,000	A novel localization of Polycystin-1 and its effects in renal cell morphology
Sharon Turban, MD, MHS Johns Hopkins University	\$10,000	Racial differences in urinary potassium: Clinical implications and mechanisms



NKF-MD

SPECIAL EVENTS

The National Kidney Foundation of Maryland hosts several fundraising events throughout the year. Proceeds from the events support the programs and services the Foundation provides to the community.

The tremendous success of each event is due to the volunteers, corporate and community partners and sponsors who contribute their time, talent and funds to NKF-MD. Without them, the Foundation would not be able to fund medical research, provide much-needed patient and community services, support public and professional education and organ donor programs, and provide assistance to patients and families coping with kidney and urinary tract diseases.

KIDNEY WALKS

Chair

Zeke Ayele
Joan Cornell
Carole Elliott
Stephanie Elliott
Kristy Ferracci
Dawn Purnell
Keith Woolford

Local Presenting

Sponsor

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WCEI
WHAG TV 25
WMDT – TV
WNAV Radio
WWEG – 106.9
The Eagle
WWWX-FM

NKF MD

SPECIAL EVENTS

BALTIMORE CADILLAC INVITATIONAL GOLF TOURNAMENT

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Esq.
Gregory Jacobson

Pre-Event Party Partner

Havana Club

Dealership Partner

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SANTÉ: AN EPICUREAN ADVENTURE

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CEO, The Strata
Group, LLC

Honorary Chairs

Nelson Carey, owner,
Grand Cru



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bartender, B&O
American Brasserie
Jerry Pellegrino, chef/
owner, Corks
Restaurant
Hugh Sisson, managing
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Downtown Diane
Modern Babies &
Children
Perfect Wedding Guide
WYPR

NKF MD

SPECIAL EVENTS



RAPPEL FOR KIDNEY HEALTH

Honorary Co-Chairs

Robert A. Montgomery, MD, DPhil, FACS, Johns Hopkins University and Hospital

Matthew Cooper, MD, University of Maryland School of Medicine Division of Transplantation

Platinum Sponsor
CareFirst BlueCross
BlueShield

Silver Sponsors
The Johns Hopkins Hospital
University of Maryland Medical Center

Bronze Sponsors
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Miles & Stockbridge Nephrology Center of Maryland

Photography Sponsor
Legg Mason

Media Sponsors
Comcast
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CITYPEEK.com
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The Daily Record

COMMUNITY PARTNERS

The following events are hosted by some of our community partners, and the proceeds benefit the NKF-MD.

Marilyn and Michelle Burford, Basket Bingo

Department of Energy Ballers Invitational Golf Tournament
Patrick Kisicki, Kevin's Concert
John Appel, Johnny Dee's Restaurant, bull roast
M. Ryan Weir, Jr. Ryan's Race
The Gardenville Moose Lodge No.1242, Mike Amoss Memorial Golf Tournament
Don Wehner and Toby Blumenthal, Loud & Rich Concert
The Phillips Family, Blue Crab Golf Tournament
Mark Carels, Mike Hines Party Fundraiser
Prabha Maruvada, Nriya Neerajam Fundraiser
Dana Braschowitz, Phi Sigma Sigma Virtual Walk-A-Thon
Takina Etherly, Soulja Loyalty T-Shirt Launch Party

As we begin the third year of outreach in Western Maryland, we have established two successful annual fundraisers and become more active in the business and health services communities. With participation in chamber of commerce events and visits to hospitals and dialysis centers, the local health community is more aware of the work of the National Kidney Foundation of Maryland.

KIDNEY RIDE

The first Western Maryland Kidney Ride (a cycling event) was held in Cumberland in September 2009 with over 50 enthusiastic cyclists riding on the Great Allegheny Passage to raise funds to help fight kidney disease in the region. Local businesses supported the Ride with donations of cash and in-kind items, and helped raise \$15,000. The planning committee included Chairman, Dr. John Davis, DDS, a kidney transplant recipient, his wife Susan and advocates Larry Brock, Susan Scarpelli, Teresa Wharton and Elaine Raesley.

KIDNEY WALK

The second annual Western Maryland Kidney Walk was a successful event on Sunday, May 16, 2010 with over 200 participants raising nearly \$40,000. Local resident and former Sheriff of Frederick County, Carl Harbaugh, served as honorary chair. Gregory Banasz, Vice President of MorganStanleySmithBarney's Frederick office was the Corporate Chair and aided in recruiting sponsors from the financial community.

The volunteer planning committee, led by co-chairs Carole Elliott and Joan Cornell (social workers at the Frederick DaVita Dialysis Center) included several staff from the Center as well as volunteers from the Fresenius Dialysis Center in Hagerstown. Local sponsors included the Frederick Keys, The Red Horse Restaurant, BB&T Bank and MorganStanley-SmithBarney.

KEY SCREENING

A KEY screening was held at Allegany College in Cumberland in April. More than 45 people were screened with help from staff at Allegany College.

COMMUNITY SUPPORT

The Lionette's, the women's auxiliary of the Lion's Club of Cumberland, once again donated \$700 to support the programs and services of the NKF-MD in Allegany County.



BIG BAND CONCERT

The Tribute to Harry James Concert was the fourth Big Band performance to benefit the NKF-MD on the Eastern Shore. It was held on November 6, 2009, at the Todd Performing Arts Center at Chesapeake College in Wye Mills. The Dave Tucker Orchestra, featuring John Blount on trumpet and vocalist Sue Matthews, gave a stellar performance.

DOWNSTATE DELAWARE WALK

The second annual Downstate Delaware Kidney Walk was held on a perfect April morning at Killens Pond State Park in Felton, DE. Keith Woolford, a transplant patient, and Kristy Ferracci, a kidney donor, chaired the event.

This year the walk had two honorary chairs, Sen. George Bunting and Dr. Mike Mock, both transplant recipients. The walk was attended by more than 200 walkers. Local businesses were very generous with donations. Home Depot again provided craft activities for the children, Pepsi and Wawa provided beverages, and Safeway, Food Lion and Dunkin' Donuts provided snacks.

Mike Butts, morning drive DJ from Cool 101.3, and Dawn and Herman Purnell, from Moonbeam Entertainment, presided at the walk. Brittany Dempsey, Miss Delaware 2007, led the warm-up. The Kidney Walk brought in \$27,800, almost double the amount from the first year's Delaware Walk.

SALISBURY KIDNEY WALK

On May 2 more than 300 people enjoyed the fourth annual Salisbury Kidney Walk at the Salisbury Zoo in Salisbury, MD. Stephanie Elliott, a nephrology RN, has a passion for helping those with kidney disease, and she has co-chaired the event since the first year.

This year she was joined by Dawn Purnell, who has also been involved with the walk since the first year as a volunteer and as a family member of a dialysis patient. The Salisbury Walk was also favored with generous donations from the local businesses. Home Depot provided crafts for the children, and Food Lion, Panera Bread, Pepsi, Starbucks and Wawa generously donated snacks and beverages for the walkers. Local businesses once again donated many gifts, which were given out in free drawings.

Aerobics instructor Bev Sterling led a fun warm-up. Moonbeam Entertainment provided music and was joined by local celebrities Brian Hall from Cat Country, Rick Charles from WQMR, Stephanie Allison from WMDT-TV, and returning favorite Kemosabi Joe. Like the Delaware Walk, the Salisbury Walk nearly doubled money raised last year, for a total of \$45,800.

BEYOND DIALYSIS

In October for the first time, Beyond Dialysis was held on Delmarva at the Milford Senior Center in Milford, Delaware. Under the leadership of chairperson Diane Jonson, MSW, and with the assistance of many committee members and volunteers, the event was a great success. Forty-three dialysis patients from Kent and Sussex counties accepted the invitation to attend the Beyond Dialysis luncheon with a guest.

Dr. Claudie Thomas was the event speaker. He first experienced end-stage renal disease in 1983 and currently is a professor of social work at Morgan State University. Dr. Thomas gave a wonderful motivational speech, and the patients are looking forward to the 2010 Beyond Dialysis.

NKF-MD

HONOR ROLL OF CONTRIBUTORS

We gratefully acknowledge all the individuals, foundations, corporations and community organizations that made direct gifts to the National Kidney Foundation of Maryland.

Their support helps fund critical medical research, free community health screenings, education and other programs and services vital to individuals with kidney disease and their families, as well as to those at risk for developing kidney disease.

Special thanks go to the following individuals, whose gifts of \$100 or more were received between July 1, 2009 and June 30, 2010.

FOUNDERS

\$25,000+

Charles T. Bauer Foundation
George H. Langenfelder Memorial Charitable Trust
Estate of Louise Meyers
Estate of Julius Nugent
Harry and Jeanette Weinberg Foundation
The Abraham and Virginia Weiss Charitable Trust

PLANNED GIFT

MEMBERS \$25,000

Thomas and Debra Gillespie

PHILANTHROPISTS

\$10,000–\$24,999

D. Stuart Bowers

BENEFACTORS

\$5,000–\$9,999

Amgen
Carl and Constance Ferris Charitable Foundation
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NKF-MD

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United Way of Delaware
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United Way New York City
United Way of Southern
Nevada
United Way Southeastern
Pennsylvania
United Way of Tri-State
United Way Virginia Eastern
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Verizon Foundation
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Support Campaign

KIDNEY CARS VEHICLE DONATION PROGRAM



We'd like to express our sincere gratitude to those who have donated their unwanted vehicles to us. The Foundation accepts cars, buses, vans, RVs, trucks, motorcycles and boats on trailers. The dollars generated through KIDNEY CARS, one of the nation's oldest and most respected

vehicle donation programs, directly impact kidney and transplant patients' services, programs and medical research.

To donate your vehicle, contact the office at 410-494-8545, or visit our website at www.kidneymd.org to complete the forms. The process is quick and easy. Thousands of kidney and dialysis patients will benefit from your donation, and you might be eligible for a tax deduction.

GRANTS RECEIVED

- Charles T. Bauer Foundation, \$200,000 for Kidney Walks, Patient and Community Services and general operating expenses
- Harry and Jeanette Weinberg Foundation, \$25,000 for Patient Emergency Assistance
- Amgen Inc., \$10,000 for Kidney Walks, \$5,000 for Beyond Dialysis
- Watson Nephrology, \$5,000 for Beyond Dialysis
- Genentech, \$5,000 for Kidney Walks
- Genzyme, \$2,500 for Renal Nutrition Conference and Beyond Dialysis
- Shire Pharmaceuticals, \$500 for Renal Nutrition Conference
- Accredo Health Group, Inc., \$500 for Renal Nutrition Conference

NATIONAL KIDNEY FOUNDATION OF MARYLAND, Inc.

Statement of Activities

For the year ended June 30, 2010 (with comparative totals for 2009)

	Unrestricted	Temporarily Restricted	Permanently Restricted	TOTAL	
				2010	2009
REVENUES					
Support from the public:					
Received directly—contributions and grants	\$313,562	\$485,518		\$799,080	\$1,438,638
Received indirectly:					
United and Federated Funds	43,684			43,684	50,781
Combined Federal Campaign	22,187	14,217		36,404	38,672
Special events fundraisers:					
Revenues	464,114			464,114	478,177
Less: direct benefit costs	228,920			228,920	318,369
Net support from special events fundraisers	235,194			235,194	159,808
Total support from the public	614,627	499,735		1,114,362	1,687,899
Other revenue (loss):					
Program service fees		9,180		9,180	120
Investment income (loss)	139,034	63,962		202,996	(442,799)
Donated vehicles:					
Sales of donated vehicles	240,860			240,860	401,941
Less: cost of sales and selling expenses	265,044			265,044	442,924
Loss on sales of donated vehicles	(24,184)			(24,184)	(40,983)
Total other revenue (loss)	114,850	73,142		187,992	(483,662)
Net assets released from restriction— satisfaction of program restrictions	570,391	(570,391)			
Total revenues, gains and other support	\$1,299,868	\$2,486		\$1,302,354	\$1,204,237

EXPENSES

Program services:					
Research	\$251,729			\$251,729	\$345,276
Public education	172,922			172,922	190,174
Professional education	117,072			117,072	134,515
Patient services	375,542			375,542	418,605
Community services	171,191			171,191	183,070
Total program services	1,088,456			1,088,456	1,271,640
Supporting services:					
Fundraising	179,668			179,668	222,453
Management and general	77,559			77,559	92,466
Total supporting services	257,227			257,227	314,919
Total expenses	1,345,683			1,345,683	1,586,559
Change in net assets	(45,815)	2,486		(43,329)	(382,322)
Net assets at beginning of year	3,901,494	6,635	566,997	4,475,126	4,857,448
Net assets at end of year	\$3,855,679	\$9,121	\$566,997	\$4,431,797	\$4,475,126

NATIONAL KIDNEY FOUNDATION OF MARYLAND, Inc.

Statement of Financial Position

For the year ended June 30, 2010

	2010	2009
ASSETS		
Cash and cash equivalents	\$66,615	\$35,339
Investments	1,997,348	1,888,298
Accounts receivable	2,385,711	2,557,607
Prepaid expenses	15,515	20,053
Fixed assets, at cost	155,579	155,579
Less accumulated depreciation	51,252	46,648
Fixed assets, net	104,327	108,931
TOTAL ASSETS	\$4,569,516	\$4,610,228

	2010	2009
LIABILITIES AND NET ASSETS		
LIABILITIES:		
Accounts payable and accrued expenses	\$68,726	\$61,653
Deferred revenue	68,993	73,449
Total liabilities	137,719	135,102
NET ASSETS:		
Unrestricted:		
General (undesignated)	2,855,679	2,901,494
Board designated	1,000,000	1,000,000
Total unrestricted	3,855,679	3,901,494
Temporarily restricted	9,121	6,635
Permanently restricted	566,997	566,997
Total net assets	4,431,797	4,475,126
TOTAL LIABILITIES AND NET ASSETS	\$4,569,516	\$4,610,228

2010 NATIONAL KIDNEY FOUNDATION OF MARYLAND STAFF & DIRECTORS

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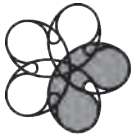
Office Manager

Joan Jasman

* denotes Executive Committee

Every effort has been made to ensure that all donors were included in this report and that names were spelled correctly. If your name has been omitted, we sincerely apologize. Please bring errors or omissions to the attention of the Development office at 410-494-8545.

The National Kidney Foundation of Maryland is registered with the Maryland Secretary of State. Documents and financial information are filed in accordance with the Maryland Charitable Organization Act. Additional information may be obtained from the Secretary of State by calling 1-800-825-4510, or by writing to the Secretary of State, State House, Annapolis, Maryland 21401.



**National Kidney
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of MARYLAND

1107 Kenilworth Drive • Suite 202
Baltimore, Maryland 21204-2186
410-494-8545 • 1-800-671-KIDNEY
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